

Ecology Camp
Pupukea Boyscout Camp
February 19-21
Saturday, Sunday Monday

Advisors: Please remind your students that they have to bring their own lunch and beverage on Saturday as the first meal served will be dinner. Also, please make sure that they bring a cup, plate, and eating utensils. If they bring a plate, make sure that they have something for soup. One vegetarian entrée is planned for each dinner. Breakfast will have cereal and fruit. Lunch will have PBJ sandwich. Go over the menu with them to check for any food related allergies. Also, Please be responsible for bringing skewers for s'mores. They are fairly inexpensive to purchase or wire clothes hangers can be used.

Saturday, February 19, 2011

Lunch: Students brownbag their own lunch

Dinner: (1st Night Dinner will be in meeting area)

Entrée

1. Shoyu Chicken
2. Chili
3. Spaghetti with Garlic, Oil, Mushrooms, Parmesan Cheese (vegetarian)

Vegetables

1. Tossed Salad with Ranch Dressing
2. Stir-fried Cabbage
3. White Rice

Dessert

Cake or Blueberry Cobbler

Drinks

1. Punch
2. Coffee
3. Tea

Evening Snack:

1. Hot Dogs
2. S'mores
3. Cocoa, Coffee, Tea

Saturday, February 20, 2011

Breakfast:

1. Ham
2. Eggs
3. Rice
4. Hash Browns or Country Potatoes
5. Cereal and Fruit (for vegetarians)
6. Punch, Coffee, Tea

Lunch – Brownbag:

1. PBJ (or banana) Sandwich
2. Spam Musubi/Vegetarian Musubi
3. Fruit: Apple, Orange, Banana (depending on cost)
4. Chips

Dinner:

Entrée

1. Shoyu Pork
2. Venison Stew (sub. Hamburger Stew if venison is not available)
3. Chicken Long Rice

Vegetable

1. Tossed Green Salad with Ranch Dressing
2. Asian Stir-fried Vegetables w/ Tofu (vegetarian)
3. White Rice

Dessert

Ivory Jello with Chocolate Sauce or Chocolate Rice Pudding

Drinks

1. Punch
2. Coffee
3. Tea

Evening Snack:

1. Corn Chowder (Darryl)
2. S'mores
3. Cocoa, Coffee, Tea

Sunday, February 21, 2011

Breakfast:

1. Fried Rice
2. Leftovers
3. Punch, Coffee, Tea

Students need to bring the following:

- Plate
- Cup
- Eating Utensils
- Bowl