

HIGH SCHOOL HIKERS' ECOLOGY CAMP FEBRUARY 18-20, 2012

GENERAL INFORMATION

This year's Ecology Camp will be held at Our Lady of Kea`au in Makaha.



Camping will be done in tents. There are showers, restrooms and meeting lodge available at the secured campsite.

Meals prepared by HSH personnel.

COST: \$60.00

(Includes facilities use fee, food, and T-shirt)

- ▶ Space is limited so sign up early.
- ▶ All registration forms are due by **January 10, 2012.**
- ▶ No refunds after January 31.

Tentative Schedule

Saturday, February 18

10:00 am
Arrive at camp and set up.

11:30 am
Welcome and Lunch
Bring own brown bag lunch.

12:30 - 4:30 pm
Ka'ena Point NAR hike

5:30 pm
Dinner

7:00 - 9:00 pm
Presentation-Northwest Hawaiian Islands
HSH Workshop Sessions

Sunday, February 19

6:30 am
Breakfast

8:00 am - 4:30 pm
Our Lady of Kea'au service project
Makaha Valley service project
Visit to Kāne'ākī Heiau

5:30 pm
Dinner

7:00 - 9:00 pm
Eco Camp Challenge

Monday, February 20

7:00 am
Breakfast

8:00 am
Camp evaluation

9:00 am
Clean up and breakdown

Check out by 11:00 am

WHAT TO BRING Label all belongings!

CLOTHES:

Long pants
Shorts
T-shirts
Jacket
Socks
Underwear
Hat (for sun)
Rain gear
Swimwear
Hiking boots
Slippers (for in camp use only)

PERSONAL:

Toothbrush/toothpaste
Medication (includes over the counter medication like aspirin)
Sunscreen (SPF 15+)
Chapstick
Mosquito repellent
Towel(s)/washcloth
Soap
Feminine hygiene products
Grooming equipment
Sunglasses
Spare glasses/contacts (optional)

EQUIPMENT:

Sleeping bag
Day pack
Personal first aid kit
Compass (optional)
Air mattress or pad
Work gloves (**A MUST!**)
Two canteens or water bottles
Flashlight w/ extra batteries
Notebook and pen or pencil
Plastic bag for wet clothes, etc.
Mess kit w/ non-disposable eating utensils (plate, cup, fork, spoon, knife)

RECREATION:

Games, cards, musical instruments, sports equipment
NO electronic equipment (iPods, etc.)