

SIERRA CLUB HIGH SCHOOL HIKERS'
2014 Ecology Camp
Marine Corps Base Hawai'i, Kaneohe
February, 15-17, 2014



GENERAL INFORMATION

Base camp for the 2014 Ecology Camp will be Hale Koa Beach camp grounds, Marine Corps Base Hawai'i, Kaneohe. Camping will be in tents. Some meals will be eaten in the base mess facilities at Anderson Hall, remaining meals will be prepared at camp site.

1. Registration Fee: \$40.00 per person. Registration fee covers cost of food, lodging, and T-shirt. **Payment is due by Friday, January 17, 2014 to High School Hikers.** (Your club advisor will need your money at an earlier date)
2. Label all belongings.
3. Baggage is limited to one check-in bag (preferably a duffel bag rather than a suitcase), one sleeping bag, and one carry-on (daypack).
4. **NO REFUNDS AFTER FRIDAY, January 31, 2014.**

CLOTHES:

Long pants
Shorts
T-shirts
Warm jacket
Socks

Underwear
Hat (for sun)
Rain jacket or poncho
Rain pants
Swimwear

Hiking boots
Slippers (for in camp use only)
Old sneakers to wade on reef
Tabi or reef shoes

PERSONAL:

Toothbrush/toothpaste
Medication (includes over the counter medication like aspirin)
Sunscreen (SPF 30+)

Chap stick
Mosquito repellent
Towel/washcloth
Soap
Shower cap (optional)

Feminine hygiene
Grooming equipment
Sunglasses
Spare glasses/contacts

EQUIPMENT:

Sleeping bag
Day pack
Personal first aid kit
Signaling device (whistle)
Compass (optional)
Clothesline w/pins (optional)
Air mattress or pad

Work gloves (**A MUST!**)
Two canteens or water bottles
Flashlight w/ extra batteries
Notebook and pen or pencil
Plastic bag for wet clothes, etc.
Mess kit w/ non-disposable eating utensils (plate, cup, fork, spoon, knife)

RECREATION:

Games, cards, musical instruments, sports equipment
NO electronic equipment

OTHER OPTIONAL ITEMS:

Binoculars, camera, extra film, batteries
Money for souvenirs, etc.