

## HIGH SCHOOL HIKERS' ECOLOGY CAMP

APRIL 11-12, 2015



### GENERAL INFORMATION

This year's Ecology Camp will be held at the DLNR NIKE Site located near the Pahole Natural Area Reserve (NAR) above Mokule'ia in the Wai'anae Mountains. Camping will be done in tents in a secured area inside the NIKE Site building. There will be NO showers, bunk beds, running water, or flushing toilets. Potable drinking water will be brought up in large coolers for drinking and cooking only.

#### COST: \$25

(Includes food and a T-shirt)

▶ Space is limited so sign up early.

▶ All camp forms are due by Monday, March 30, 2015

▶ No refunds after March 30.

### TENTATIVE SCHEDULE

#### Saturday, April 11

9:30 am

Arrive at gate to NIKE site. Make arrangements for car pooling before heading out for NIKE site.  
DO NOT leave cars at the gate!

10:00 – 11:00 AM

Set up campsites.

11:00 AM

**Lunch - Bring your own brown bag lunch**  
**AND at least 2 liters of water.**

12:00 - 4:00 pm

On-site service project for DNLR/NAR

5:00 pm

Dinner provided by HSH  
(No mess kits necessary. HSH will provide.)

6:00 - 9:00 pm

Evening program

#### Sunday, April 12

7:00 am

Breakfast provided by HSH

8:00 am

Camp evaluation  
Clean up and breakdown campsites  
Short hike (time permitting)

Depart campsite by 11:00 am

### WHAT TO BRING - Label all your belongings!

#### CLOTHES

Long pants  
Shorts  
T-shirts  
Jacket  
Socks  
Underwear  
Hat (for sun)  
Rain gear  
Hiking boots  
Slippers (for in camp use only)

#### PERSONAL

Toothbrush/toothpaste  
Medication (including over the counter medication)  
Sunscreen (SPF 15+)  
Chapstick  
Mosquito repellent  
Wet wipes  
Feminine hygiene products  
Grooming equipment  
Sunglasses  
Spare glasses/contacts (optional)

#### EQUIPMENT (\* = required)

**Sleeping bag or bed roll\***

**Air mattress or pad\***

**Day pack\***

**Work gloves\***

**Two full water bottles\***

Personal first aid kit  
Flashlight w/ extra batteries  
Plastic bag for wet clothes, etc.

NO electronic equipment (iPods, Nintendo, etc.)