

# High School Hikers' Ecology Camp February 15-17, 2020

## General Information

The 2020 Ecology Camp will be held at Camp Palehua located above Makakilo in the Waianae Mountains.



**Cost : \$10.00**

Camping will be done in tents (each school must provide) and cabins. Showers and restrooms will be available. HSHs will provide all meals **except lunch** on the first day. You must bring your own sack lunch or bento.

### Tentative Schedule

#### **Saturday, February 15**

9:00AM-11:30AM  
Arrive at camp and set-up

11:30AM to 12:15PM  
Lunch – Bring your own

12 :15 – 4:00 PM  
Service Project – TBD

4::00 PM -6:00 PM  
Free Time / Shower

6:00PM to 7:00PM  
Dinner

7:00PM to 9:00PM  
Program (TBD)

9:00PM to 10:00PM  
Snacks

10:30PM

**Lights out and in your tents!**

#### **Sunday, February 16**

6:30AM  
Rise and shine

7:30 – 8:30 AM  
Breakfast

9:00 AM – 3:00 PM  
Day Hike  
Day Pack w/ lunch, water, rain gear

3:00PM to 6:00PM  
Free Time/Shower

6:00PM to 7:00PM  
Dinner

7:30PM to 9:30PM  
8:00 to 9:00  
Celestial Navigation

9:30PM to 10:30PM  
snacks

11:00PM

**Lights out and in your tents!**

#### **Monday, February 17**

7:00AM  
Breakfast

8:00AM  
Evaluation

9:00 AM  
Breakdown camp

11:00AM Depart Camp Palehua

### What to Bring! Label all belongings!

#### **CLOTHES:**

Long pants  
Shorts  
T-shirts  
Jacket  
Socks  
Underwear  
Hat (for sun)  
Rain gear  
Swimwear  
Hiking boots  
Slippers (for in camp use only)

#### **PERSONAL:**

Toothbrush/toothpaste  
Medication (includes over the counter medication like aspirin)  
Sunscreen (SPF 15+)  
Chapstick  
Mosquito repellent  
Towel(s)/washcloth  
Soap  
Feminine hygiene products  
Grooming equipment  
Sunglasses  
Spare glasses/contacts (optional)

#### **EQUIPMENT:**

Sleeping bag  
Day pack  
Personal first aid kit  
Compass (optional)  
Air mattress or pad  
Work gloves (**A MUST!**)  
Two canteens or water bottles  
Flashlight w/ extra batteries  
Notebook and pen or pencil  
Plastic bag for wet clothes, etc.  
Mess kit w/ non-disposable eating utensils (plate, cup, fork, spoon, knife)

#### **RECREATION:**

Games, cards, musical instruments, sports equipment  
**NO electronic equipment (iPods, etc.)**